



Time

Mon.-Fri. 09:00-18:00(Lunch Break 12:00-13:00)

Body fat measurement 09:00-16:00



Location

#B103, MAB(bldg. 201)



Phone

052-217-4000



E-mail

healthcare_center@unist.ac.kr

All services provided are for free.

The Gestalt Prayer

I do my thing and you do your thing.
 I am not in this world to live up to your expectations.
 You are not in this world to live up to mine.
 You are you, and I am I.
 If by chance we can find each other, it's beautiful.
 If not, it can't be helped.

- Fritz Perls, 1969 -

Healthcare Center

Healthy body, healthy mind

Healthcare Center



Medical office



Psychiatric clinic

UNIST Healthcare Center

Medical Office



First-aid service

- Injury: abrasion, laceration, burn, etc.
- Muscle pain, sprain, etc.
- First aid kits on campus are available 24 hours 7 days a week.
(for location, please contact : 052-217-4012)

Providing Over-The-Counter drug

- Common cold, allergic rhinitis, headache, menstrual pain, etc.

Basic health check-up

- Analyzing body fat percentage
- Checking blood pressure
- Lipid test

* by 4 p.m during weekdays

Prevention of infectious disease












- Supporting patient and close contactor of infectious disease(Tuberculosis, etc.)
- Partial financial support for flu vaccination

Psychiatric Clinic



Board-certified psychiatrists meet you with confidentiality. Medicine will be prescribed if necessary. Psychiatric Clinic service is provided for 12 weeks from the initial visit. If further treatment is needed, we can refer you to outside clinics.

Symptoms

 Depression	 Lethargy	 Derealization
 Anxiety Panic	 Obsessive Symptom	 Suicidal Impulse
 Bipolar Disorder	 Eating Disorder	 Sleep Problem
 ADHD	 PTSD	Etc.

Reservation

- ☎ 052-217-4000
- ✉ healthcare_center@unist.ac.kr

Depression Checklist



If you are experiencing **five or more** symptoms **during the same 2-week period**, and these symptoms cause you significant distress or impairment in social, occupational, or other important areas of functioning.

- Depressed mood most of the day, nearly every day
- Diminished interest or pleasure in almost all activities
- Significant weight loss/gain, or decrease or increase in appetite
- Have trouble sleeping as insomnia or hypersomnia
- A slowing down of thought and a reduction of physical movement(observable by others while talking or doing physical activity)
- Fatigue, loss of energy nearly every day
- Feelings of worthlessness or excessive or inappropriate guilt
- Diminished ability to think or concentrate, or indecisiveness
- Recurrent thoughts of death, recurrent suicidal ideation

Visit Healthcare Center.
We are here to help you.